

Location

Madison High School
170 Ridgedale Ave.
Madison NJ

Madison High Five 5K Run / Walk

Awards

5K Top 3 Male and Female overall and in 5 year age groups: 14 & under to 70+
Medals to all Fun Runners and all 5K finishers 10 and younger!

Course

Certified 5K through Madison streets

Kids' Fun Runs (age 10 & under)
Distances 100 meters and 1 mile

Sunday

May 2, 2010

10 AM



Schedule

9:00 Registration, Packet pick-up, and Raffle ticket sales begin

10:00 5K Run/Walk

11:00 Kids' Fun Runs

Awards & Raffle drawing after the Fun Runs



Amenities

- Outstanding Raffle Prizes for adults and children
- T-shirts and goody bags guaranteed to pre-registrants (by 4/16), and to post-registrants while supplies last
- Kid-friendly goody bags and entertainment
- Music and refreshments
- Results by Compuscore

All proceeds benefit the Madison Public Schools

Thank You!!

For directions, more info, or to register online:

www.madisonpublicschools.org/mhsef-run or email mhsef@netscape.net

----- Detach Entry Form -----

Families: Please provide names of *all* participants.

Last name: _____ Phone number: _____ E-mail _____

Address: _____ City: _____ State: _____ Zip: _____

First Name (and last name if different)	Age on Race Day	Date of Birth	Gender (circle)	Event (circle)	T-shirt Size (circle)	USA TF- NJ # (if applicable)
			M F	5K Kids' Run	YM YL S M L XL XXL	
			M F	5K Kids' Run	YM YL S M L XL XXL	
			M F	5K Kids' Run	YM YL S M L XL XXL	
			M F	5K Kids' Run	YM YL S M L XL XXL	
			M F	5K Kids' Run	YM YL S M L XL XXL	

Entry Fees: By 4/16: \$45 Family, \$20 Adult (18yrs & older), (\$18 USATF), \$10 Youth (17yrs & under)
After 4/16: \$50 Family, \$25 Adult (18yrs & older), \$15 Youth (17yrs & under)

Total Entry Fee \$ _____ plus tax-deductible donation \$ _____ plus tie dye shirt \$ _____ Total Enclosed \$ _____

New! Order a limited edition green tie-dye t-shirt (in addition to the t-shirt all pre-registrants get) \$20 each: Quantity: ___ Size(s): ___

Make checks payable to: MHS Educational Foundation Mail to: MHSEF, PO Box 1093, Madison, NJ 07940

I understand that running and/or walking is a potentially hazardous activity. I should participate in the event ONLY if I have trained properly and have been cleared of any medical conditions, which may inhibit my ability to complete this event. In consideration of this entry being accepted, I hereby for myself, heirs, executors and administrators, waive any claim that I may have against the Madison High School Educational Foundation, Madison High School, Borough of Madison, and any and all organizers and sponsors of, and volunteers assisting with, this event and their representatives and successors for any injuries that may be suffered by me in this event, even though such injuries may arise out of negligence or carelessness on the part of persons named in this waiver. I have read and agree to the above waiver.

Signature(s) _____ Date _____

All participants 18 and over must sign. Parent must sign for participants under 18.

Special Prize Drawings! Please check if you are:

Madison School Employee _____ Student at MHS, MJS, CAS, KRS, TJS or Harding Township _____

***Matching Gifts** -- Your gift could be matched dollar for dollar! Many companies offer matching gift programs that will double, even triple a donation's value. Check with your company to find out if your company will match your contribution to the MHS Educational Foundation.