

Important Notice

Pre-Participation Athletic Physical Examinations

May 15, 2018

Dear Parent:

An annual Preparticipation Physical Examination requested by the Department of Education must be submitted to the school for all students in grades 6-12 planning to participate in the interscholastic sports program at Madison Junior School and the High School. Those students who have a physical on file with the nurse within 365 days of the first day of practice must submit a health history update questionnaire. The state mandates any student with a physical 366 or more days from the start of practice as invalid and therefore must submit a new physical examination.

The American Academy of Pediatrics (AAP) guidelines recommend that your physician can best assess your child's medical health, history and concerns in the privacy of their office. For more information from the AAP click the following link: [DON'T WAIT PARTICIPATE](#). Additionally, New Jersey Administrative Code Title 6A: 16-2.2 states "student medical examinations shall be conducted at the medical home of the student." In support of this practice, our school physician in conjunction with the Madison Board of Education recommend the student's athletic physical would best be completed by the their primary physician. Therefore, all students must submit an annual preparticipation physical examination completed by the child's physician. In keeping with state code, all physicals will be reviewed by the school nurse and approved by our school physician before the student will be allowed to participate.

Physical examinations shall be conducted within 365 days of the first day of official practice in an athletic season and shall be conducted by a licensed physician, advanced practice nurse APN, or physician assistant PA who has completed the Cardiac Assessment Professional Development Module. Each student whose physical examination was completed more than 90 days prior to the first day of official practice shall provide a health history update questionnaire completed and signed by the student's parent or guardian.

Please review all paperwork for completeness before submitting the physical to your school nurse at least one month prior to the start of your student's chosen sport. Students shall not be permitted to participate on a school sponsored interscholastic or intramural athletic team unless the student submits his/her physical examination and it is approved by the school physician. Physical examinations that are incomplete will be returned to the parent/student for completion. This may delay the processing of your athlete's paperwork.

Questions can be directed to your School Nurse or Athletic Director.